Big Plates								
Product	Lactose	Gluten	Shell/raw fish	Nut/Seed	Soy	Egg	Garlic/Onion	Tomato
Fried Chicken Burger	Contain	Contain	Contain	Contain	Contain	Contain	Contain	
Mushroom Ravioli	Contain	Contain			May Contain	Contain	Contain	
Caesar Salad w. Chicken	Contain	Contain	Contain	Contain	Contain	Contain	Contain	
Aubergine Parm	Contain	Contain		Contain	May Contain	Contain	Contain	Contain
Roasted Cauliflower		Contain		May Contain			Contain	Contain
Fish & Green Sauce	Contain	May Contain	Contain	May Contain	May Contain	May Contain	Contain	
Baked Rigatoni	Contain	Contain			May Contain	Contain	Contain	Contain
Pasta, Salsiccia and Broccolini	Contain	Contain		Contain		Contain	Contain	
Pasta, Gnocchietti	Contain	Contain		Contain	Contain	Contain	Contain	Contain
Pasta, Alfredo	Contain	Contain			Contain	Contain	Contain	
Salsa Bomba Pasta	Contain	Contain		Contain	Contain	Contain	Contain	Contain
Spinach Carbonara	Contain	Contain			May Contain	Contain	Contain	
Marinara Meatballs	Contain	Contain		May Contain	Contain	Contain	Contain	Contain
Steak & Salad							Contain	

Contain

Menu item Contain the specific allergen

May Contain

Menu item present a special risk of cross-contamination of the specific allergen due to the preparation method. Ask the kitchen for guidance